



Character Strengths at Abbey Hill

At Abbey Hill we believe Character Education matters and that, with practice, children can develop character strengths and get better at them, just as they do with their reading or maths. We give children lots of chance to practice these strengths in school and we use them in our everyday language. You'll have heard us refer to them in Celebration Assembly and seen them displayed around school.

Our Five Character Strengths

Curiosity

I like to explore and find answers to questions. I try new things and learn new subjects.

Self-Belief

I know what I believe in and I wonder about the world I live in. I believe I can be whatever I want to be. I know what makes me feel safe.

Perseverance

I work hard to finish what I start. I do not get distracted or quit easily. I feel good when the job is done.

Courage

I am brave and do not hide from tricky challenges. I speak my mind when it is right, and I am not afraid to stand up to people who disagree.

Kindness

I am kind and generous to others, and I am always helpful. I enjoy doing kind things for others.